



The Willow Group

Carrie Arnold, PhD, MCC



Professional Experience

Carrie Arnold, author of [*Silenced and Sidelined: How women leaders find their voices and break barriers*](#), is the Principal for The Willow Group. Since 2011, she has owned and operated her own consulting business. Previously, she has 20 years of experience working in healthcare, human resources, training, and organizational development. She has worked for multi-hospital systems in leadership positions and teaches at the university level. As a coach, she has served within the federal government, all levels of education, healthcare, and private sectors working with over 500 individual and group clients. She works with a full spectrum of leaders, from new and emerging to the C-suite level.

Carrie also serves as faculty for the Evidence-Based Coaching program at [Fielding Graduate University](#).

Education & Certifications

Carrie obtained her coach training at Georgetown University. She is an International Coaching Federation Master Certified Coach, a Board Certified Coach, and an accredited Coach Supervisor. She holds a B.A. in Psychology, an M.A. in Organizational Management, and a Ph.D. in Human Development. Carrie is certified to administer and interpret The Leadership Circle Profile, the Myers-Briggs Type Indicator (MBTI)®, DiSC, and the Social + Emotional Intelligence Profile (SEIP)®

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